The Union County Smart Book



# A Resource Guide for Returning Home

2022 Edition by The New Jersey Department of Corrections Office of Programming & Supportive Services

# **Useful Numbers and Hotlines**

American Friends Service Committee Prisoner's Resource Center1-973-643-2205
CDC National STD and AIDS Hotlines Spanish1-800-344-7432 English1-800-227-8922
Addictions Hotline of NJ1-800-238-2333
Alcoholics Anonymous of Central NJ1-609-298-7785
Division of Disability Services (DDS)1-888-285-3036
Division of Youth & Family Services1-800-792-8610
Hyacinth AIDS Foundation Hotline1-800-433-0254
Legal Services of New Jersey 1-888-576-5529
NJ Motor Vehicle Commission Driver's License Suspension & Restoration1-609-292-7500 Main Information1-888-486-3339
Narcotics Anonymous of NJ Helpline1-800-992-0401
National Suicide Crisis Hotline1-800-784-2433
New Jersey AIDS STD Hotline (Beth Israel)1-800-624-2377
<b>2-1-1 First Call For</b> Help
Union County One Stop           Elizabeth         908-558-8000           Plainfield         908-757-9090           Satellite Center, Union County College         908-659-5214
Social Security Office1-800-772-1213
Service Empowering Rape Victims (SERV)1-866-295-SERV
Statewide Domestic Violence Hotline (Womanspace, Inc.) Bilingual and TTY accessible1-800-572-7233

# The Union County Smart Book

Table of	Contents	Page #	
First Thin	gs First: How to Use this Book	1	
Getting S	tarted:		
Identifica	tion and Other Documents		
Α.	Social Security Card	2	
В.	Birth Certificate	2	
С.	County Identification	5	
D.	Driver's License	5	
E.	Non-driver's State Identification	7	
F.	Certificates of Naturalization or Citizen	ship 8	
G.	Alien Registration Card ("Green Card")	. 9	
Н.	Military Discharge Papers/DD-214	9	
Ι.	Passport	10	
J.	NJDOC Release Papers and Temporary	11	
	ID Card		
•	s after Release:		
	o I Go to Find	11	
A.	First Stops	11	
В.	Shelter	12	
С.	Food	13	
D.	Clothing	15	
Ε.	Transportation	16	
F.	Money: FS/GA	17	
G.	Veteran's Benefits	18	
Taking Ca	are of Yourself: Getting Support	19	
Taking Ca	are of Yourself:	19	
-	Resources		
	6 V 16		
-	are of Yourself: 9 Testing and Vaccine Resources	23	
COVID-13	resting and vaccine resources		
Taking Ca	are of Yourself:		
-	re Resources	24	
Α.	Health Care Benefits: Am I Eligible?	24	
В.	General Health Care Providers	25	
C.	Services for People with HIV/AIDS	28	
D.	Services for People with Tuberculosis	29	
	or Hepatitis C		
E.	Dental Care	30	
F.	Substance Abuse Resources	30	
G.	Mental Health Services/	35	
	Individual Counseling		

H. Free/Low-Cost Eyeglasses 35

Finding a	Job:	
Employm	ent Assistance and	
Training	Programs	37
A.	Things to Know Before You Start Your Job Search	37
В.	Help with Job Search and Job Training: Resources	38
С.	Legal Restrictions on Employment and Protections against Discrimination	38
D.	Benefits for Employers Who Hire People with Criminal Records	39
E.	Opening a Checking or Savings Account	40
F.	Public Libraries	40
Reconne	cting With Family	42
A.	Family Counseling Resources	43
В.	Child Custody and Visitation	44
C.	Getting and Paying Child Support	45
D.	Domestic Violence Resources	46
Getting N	Nore Education	47
A.	High School/GED Certificate/High	
	School Equivalency Degree (HSED)/	
_	Vocational School Certificates	47
В.	GED Classes	48
C.	Higher Education	48
Other Th	ings You Need to Know	50
A.	Getting Legal Assistance	50
В.	Checking and Correcting Your	50
	Criminal Record ("rap sheet")	
С.	Expungement: Cleaning Up Your Criminal Record	51
D.	Checking and Correcting Your Credit Record	51
Ε.	Voting Rights	52
F.	Registration of Sexual Offenders (Megan's Law)	52
The Gam	e Plan:	53

# First Things First: How to Use this Book

The purpose of this book is to help you get ready to leave prison, return home, and find what you need to get back on your feet. It is specifically focused on what you'll need to know during the first weeks and months that you're back, which can be a time of difficult adjustment. In order to make the transition smoother for you a list of resources have been compiled along with a list of necessary items you will find that are essential to your success. This book focuses on the first few weeks and months of your arrival home and assisting you on managing the transition. Although not ever resource available to you will be found here, there are many that will help to guide your journey.

Unless a fee or charge is listed, all of the services and resources listed here are free; however, please note that the fees and charges listed in this guide are subject to change.

Each section of this book is categorized by items that you will need in order to find employment, return to school, and to obtain identification. It will also provide addresses, websites, phone numbers and general tips on how to acquire particular services. You can use the table of contents to easily identify what service you require, and follow instructions as to how to contact providers.

**FYI:** \*\*Please feel free to utilize your social services department for assistance in contacting agency or inquiring information about a service found in this book. There are some services that may be free to you that you can contact through your social services department before making an out-of-pocket expense.

There are a few things that can be completed prior to release from prison. Two things specifically are requesting a duplicate social security card for **FREE** and applying for a birth certificate for a **fee**. Please contact your social worker six months prior to release to apply for these items. By doing this while still in custody, you are taking a large step towards making your transition back into the community easier for you. Providing both documents are processed successfully, you will have two necessary forms of identification made available to you the day you are released. This will speed up the process of finding employment.

You won't find here every service or organization in **Union County,** but again, this book should give you a place to start. The organizations that are listed can help refer you to other places in the area that can be of help to you. For current information as services change procedure and or cost please visit <u>www.njsuccess.org</u>. Please visit <u>www.ucnj.org</u> for further county information. **The local libraries listed on page 41 can assist you in obtaining internet access.** 

# Getting Started: Identification (I.D.) and Other Documents

In order to apply for employment, rent an apartment, apply for general assistance, food stamps or Medicaid, proper identification will be required. The more identification you have in your possession, the easier it will be for you to obtain these services. Certain items can be obtained while you are still incarcerated. Ask your social worker for assistance and for the remainder, this book will point you in the right direction.

**FYI:** In order to obtain identification, various agencies will require proof of address. It is smart to keep bills in your name or official documents that have your name and address for further verification of your address.

# A. Social Security Card



If at all possible, apply for a duplicate social security card with your social worker six months prior to release. If for some reason this is not possible or your application has been denied, you will need to visit your closest Social Security Office to apply. The following office is local branch in Union County

#### Social Security Administration

855 Lehigh Avenue Union, NJ 07083

Union Office: 1-877-803-6306 Toll-free: 1-800-772-1213 TTY: 1-800-325-0778

Hours: Mon, Tu, Thu, Fri 9:00am-3:00pm Wed 9:00am-12:00pm

If you choose to visit your local office to apply you will need to fill out the application at the office.

To save time you can download the application online <u>www.ssa.gov/replace\_sscard.html</u>. You will need to show proof of identification. **Prison release papers count as proof of address. Also, use your NJDOC Temporary ID card**.

Mirth Certificate

# **B. Birth Certificate**

The Office of Vital Statistics in the New Jersey Department of Health and Senior Services keeps all New Jersey birth records. The fee for a copy is **\$25.00.** However, depending upon where you were born in Union County, you may be able to apply for a birth certificate for a lesser fee.

New Jersey Department of Health and Senior Services

Bureau of Vital Statistics and Registration P.O. Box 370 Trenton, NJ 08625-0370

# Contact Information for the NJ Bureau of Vital Statistics and Registration:

1-609-292-4087 1-866-649-8726 (toll-free nationwide)

**FYI:** You are able to apply for a birth certificate while you are still in custody and have six months left prior to your release. Please see your social worker to do so.

If you were born in the following towns you may go to your registrar's office and apply for a birth certificate. Please call the respective offices regarding office hours and fees.

#### **Berkeley Heights Township**

29 Park Avenue Berkeley Heights, NJ 07922

#### **Clark Township**

Municipal Building 430 Westfield Avenue Clark, NJ 07066 Phone: (732) 428-8405 Fax: (732) 388-3839

#### **Cranford Township**

Municipal Building 8 Springfield Avenue Cranford, NJ 07016 Phone: 908-709-7238

#### Elizabeth City

City Hall Room G-12 50 Winfield Scott Plaza Elizabeth, NJ 07201 Phone: (908) 820-4082 Fax: (908) 820-4290

#### Fanwood Borough

Municipal Building 75 No. Martine Ave. Fanwood, NJ 07023 Phone: (908) 322-8236 Fax: (908) 322-7178

#### Garwood Borough

Municipal Building 403 South Ave Garwood, NJ 07027 Phone: (908) 789-0710 Fax: (908) 789-7978

#### Hillside Township

Municipal Building 1409 Liberty Avenue Hillside, NJ 07205 Phone: 973-926-4535 Fax: 973-926-5589

#### Kenilworth Borough

Board of Health 575 Boulevard Kenilworth, NJ 07033 Phone: 908-276-2740

#### Linden City

City Hall 301 North Wood Avenue Linden, NJ 07036 Phone: 908-474-8452 Fax: 908-474-8452

#### Mountainside Borough

1385 Route #22 East Mountainside, NJ 07092 Phone: (908) 232-2400 Fax: (908) 232-6831

#### New Providence Borough

Boro Hall 360 Elkwood Avenue New Providence, NJ 07974 Phone: (908) 665-1400 Fax: (980) 665-9272

#### **Plainfield City**

City Hall- Vital Stat 510 Watchung Avenue Plainfield, NJ 07060 Phone: (908) 753-3093 Fax: (908) 753-3540

#### Rahway City

Health Department 1 City Hall Plaza Rahway, NJ 07065 Phone: (732) 827-2172 Fax: (732) 381-7668

#### **Roselle Borough**

210 Chestnut Street 2nd Floor Roselle, NJ 07203 Phone: (908) 259-3032

#### **Roselle Park Borough**

110 E. Westfield Avenue Roselle Park, NJ 07204-2083 Phone: (908) 245- 8466 Fax: (908) 245-5598

#### **Scotch Plains Township**

Bozena Lacina Municipal Building 430 Park Avenue Scotch Plains, NJ 07076 Phone: 908-322-6700 x212

#### Springfield Township

100 Mountain Avenue Springfield, NJ 07081 Phone: 973-912-2200 Fax: 973-912-2277

#### Summit City

Health Department City Hall 512 Springfield Avenue Summit, NJ 07901 Phone: 908-277-6464

#### **Union Township**

1976 Morris Avenue P.O. Box 3609 Union, NJ 07083 Phone: (908) 851-8507 Fax: (908) 851-4673

#### Westfield Town

Municipal Building 425 E. Broad Street Westfield, NJ 07090 Phone: 908-789-4070 Fax: 908-789-4076

#### Winfield Township

12 Gulfstream Avenue Winfield, NJ 07036 Phone: (908) 925-3850 Fax: (908) 925-4526

# **C.** County Identification

The Union County Clerk's Office no longer provides county issued photo identification cards, however you may obtain a state issued photo identification card from your local motor vehicle agency. Motor Vehicle Commission locations are listed below.



# **D. Driver's License**

Once you are released from prison, you can go to the Motor Vehicle Commission (MVC) to get a new driver's license, replace a lost one, or renew a card that has expired. If you believe that your license has been suspended, you should confirm this and figure out what you need to do to get it back. If you were convicted of any king of drug offense, your license has been suspended.

**PRE-RELEASE:** You can request a copy of your driver's license record, which is called a "driver history abstract." Please contact your social worker if you are interested in obtaining an abstract. **The fee for an abstract is \$15.00.** 

**POST-RELEASE:** Once you are out, you can go to the MVC offices in Union County (see below) to request a driver history abstract. If you have internet access, you can also request an abstract online at <u>www.state.nj.us.mvc</u>. You will still have to pay **\$15.00**. If your license was suspended for 6 months or more because of a drug conviction, the period of the suspension will begin from the time of your release. Other kinds of suspension, such as for failure to pay parking tickets, insurance surcharges, or child support, will last until you have paid the fine or worked out a payment plan. For questions about suspension, call the suspension hotline: **1-609-292-7500**.

**Restoration Fees, Tickets, and Surcharges:** If you found out that your license has been suspended, you will have to pay a restoration fee of \$100.00 in order to have your license reinstated. This does not include any additional fines or surcharges you are required to pay. This fee can be paid at your local MVC offices in Union County or a Regional Service Center (see below). If you have internet access, this fee can be paid online at <u>www.state.nj.us/mvc</u>. You can pay your surcharges and parking tickets on this website as well.

#### MVC LOCATIONS IN UNION COUNTY

For questions, please call 609-292-6500

Plainfield: 1600 South 2nd St Plainfield, NJ 07063 Mon-Fri 8:00 am – 4:30 pm Sat. 7:00 am – 12:00 pm \*Inspection only

Rahway: 1140 Woodbridge Rd. & East Hazelwood Avenue Rahway, NJ 07065 <u>Agency, Driver Testing:</u> M,W,Th,F 8:00am-5:30pm Tu 8:00am-7:30pm Sat 8:00am-1:00pm <u>Inspection:</u> M–F 8:00am-4:30pm Sat 7:00am-12:00pm <u>Road Testing:</u> Tu–F 8:00am-4:00pm

Springfield: 34 Center St. Springfield, NJ 07081 <u>Agency</u> M, W, Th, F 8:00am-5:30pm Tu 8:00am-7:30pm Sat 8:00am-1:00pm

#### Westfield: 410 South Avenue East Westfield, NJ 07090 Inspection (appointment only) M-F 8:00am-4:30pm

#### Motor Vehicle Commission Regional Service Center

#### The Trenton Site

120 S. Stockton and Front Street Trenton, NJ 08611 Services: Driver conferences, driver records, insurance and inquiries, points and surcharge inquiries, suspensions and restorations. Hours: Mon-Fri 8:00am-4:30pm: Sat 8:00am-12:00pm

E. Non-driver's State Identification

New Jersey (NJVMC) provides Non-Driver photo ID cards. You can get this official state ID even if your driver's license is currently suspended, so this may be a good option for you if it looks like it will take you a long time to get your license back. You will still need to bring the kinds of identification documents described above, under the new Six-Point system to the MVC.

To replace a lost of stolen license, you will have to bring identification to the MVC and pay a \$15.00 fee. The MVC now has very specific kinds of I.D. that are required under the new "Six Point" System:

Please use this guide to prepare yourself for your trip to MVC. Make sure you have the six points of identification necessary to obtain your driver's license or non-drivers I.D.

# SIX POINT SYSTEM OF IDENTIFICATION

#### Primary Documents:

(4 Points)

- Birth Certificate or Certified Copy from one of the 50 states.
- U.S. Dept. of State Birth Certificate
- US Passport-Current or Expired less than 3 years
- Current US Passport card
- Current NJ Digital Drivers License
- Valid Active Duty US Military Photo ID Card
- US Adoption papers
- Certificate of Naturalization
- Certificate of Citizenship

#### Secondary Documents:

(3 Points)

- Civil Marriage/Domestic partnership/ Civil Union Certificate: Issued by the Municipality or State
- Order of Decree of Divorce

- Court Order for Legal Name Change: Signed by a judge or county clerk
- US Military Photo/Retiree Card
- (2 Points)
  - U.S. Military Discharge Papers (DD214)
- (1 Point)
  - Current/ Expired (Less than 1 year) Non-Digital NJ Photo Drivers License
  - Social Security Card
  - Bank statement or record
  - ATM Card w/ pre-printed name and applicant signature
  - NJ Public Assistance Card w/ Photo
  - High School Diploma/GED/ College Diploma
  - Veterans Affairs-Universal Access Photo ID Card

You can get a brochure on this new "Six Point" system from the MVC offices listed above or from the Motor Vehicle Commission website, <u>www.state.nj.us/mvc</u>. If your license has expired, you will have to go with your six points of I.D. to the MVC to fill out a renewal application. You may have to take the written test again. License renewal costs **\$24.00**.

# F. Certificates of Naturalization or Citizenship

This certificate is necessary for employment upon your release. In general, if you need to replace lost forms, you can contact the US Citizenship & Immigration Service or Application Support Centers to find out about identification and fingerprint verifications. There is a fee to process an application for replacement documents. The National Customer Service Hotline is 1-800-375-5283.

#### **CITIZENSHIP LOCATIONS**

#### **US Citizenship and Immigration Services**

National Customer Service Center 425 I Street, Washington, DC 1-800-375-5283

#### Mount Laurel Field Office

530 Fellowship Road Mount Laurel, NJ 08054

#### Peter Rodino, Jr. Federal Building

970 Broad St. Newark, NJ 07102

#### **Application Support Centers**

USCIS Application Support Center 285 North Broad St. Elizabeth, NJ 07208

116 Kansas St., Main Floor Hackensack, NJ 07601-4044

# G. Alien Registration Card ("Green Card")

To replace a missing Green Card, you must go to the US Citizenship & Immigration Services Office (see above), bring identification, and fill out USCIS Form I-90 form. Please make sure that you bring I.D. with you.

You can also visit the website and download the forms at <u>www.uscis.gov</u>. It costs **\$450** for processing. **If you have any questions or concerns about your status as a result of your criminal conviction, call Central Jersey Legal Services – Elizabeth Office at 1-908-354-4340 before going to immigration.** 

#### Central Jersey Legal Services – Office Listings

60 Prince Street Elizabeth, NJ 07208 Phone: (908) 354-4340 Fax: (908) 354-4361 Telephone for the Hearing Impaired: (908) 558-1642

#### **New Brunswick**

317 George Street, Suite 201 New Brunswick, NJ 08901 Phone: (732) 249-7600 Fax: (732) 249-7966

#### Trenton

198 West State Street Trenton, NJ 08608 Phone: (609) 695-6249 Fax: (609) 392-7952

#### Perth Amboy

313 State St., Suite 308 Perth Amboy, NJ 08861 Phone: (732) 324-1613 Fax: (732) 324-6253

#### H. Military Discharge Papers

**FYI:** You may have the opportunity to meet with the Veterans Administration (VA) liaison from the Veteran's Administration during your incarceration. The VA liaison can assist you in requesting a copy of your DD214 (discharge papers) by completing the SF-180 form. Please notify your institution's social worker for assistance with your requests and to obtain information on your veteran status. You can also obtain the SF-180 by writing the Veteran Benefit Administration in NJ or the NPRC, which is the main record depository.

#### Veterans Benefit Administration in New Jersey

20 Washington Pl., 3<sup>rd</sup> Floor Newark, NJ 07102

#### Main records depository

NPRC, 9700 Page Ave. St. Louis, MO 63132-5100

#### **Union County Office of Veteran Affairs**

Director: Richard Thompson 10 Elizabeth Plaza, 4<sup>th</sup> Floor Administration Bldg. Elizabeth, NJ 07207 908-659-7407 Toll-free Veterans Hotline: 866-640-7115 Hours: Mon-Fri 8:30am-4:30pm

Upon your release, you can also visit the following website to request military records: www.vetrecs.archives.gov. Once on the website, follow the on screen instructions for requesting personnel records. You will be asked to print out a signature page which can either be mailed or faxed. Upon receiving the form, the records will be mailed directly to you.



# I. Passport

Although a passport may not seem important at this point, it can serve you well as a form of widely accepted identification. There are fees involved in obtaining your passport. To obtain your passport you may visit the Union County Clerk's Office at:

#### Union County Clerk's Office Elizabeth-Union County Courthouse

2 Broad St. Elizabeth, NJ 07207 908-527-4787 Business and Passport Office: M-F 7:30am-4:30pm

#### Westfield-Union County Colleen Fraser Building

300 North Avenue East Westfield, NJ 07090 (908) 654-9859 M,W,F 8:00am-4:00pm Tu and Th 8:00am-7:30pm Sat 9:00am-1:00pm

#### You will need to bring:

- ✓ An original or certified copy of a birth certificate with a raised seal and file date issued by Vital Statistics
- A naturalization certificate, if applicable
- ✓ Official military I.D., if applicable
- ✓ A previous US passport; photocopies are not accepted.
- ✓ A valid driver's license or three types of identification and a witness.
- ✓ One passport photo 2x2 inches in size

**\$110** passport fee-Check or money order ONLY payable to the "U.S. Department of State"

**\$35** execution fee-Cash, check, money order payable to the "Union County Clerk", MasterCard or Visa.

**\$10** photo-Cash, check, money order, MasterCard or Visa

**FYI:** A passport will be valid for 10 years.

# J. NJDOC Release Papers/Temporary I.D. Card

Make sure you keep your prison release papers and temporary I.D. card. Your release papers can serve as identification in some circumstances and your I.D. card is valid for 30 days. These items along with several others will all be included in your *Fair Release and Re-Entry* Act (FRARA) folder given to you on the day of release.

# First Steps after Release: Where Do I Go to Find ...

This section provides resources for food, shelter, clothing, money and other emergency needs. We have provided some resource options in Union County that you can utilize upon release.

**FYI:** Important paperwork will be needed repeatedly throughout your life. Make sure to invest in a folder or safe to keep important documents. <u>Never</u> carry your birth certificate or social security card with you. You will only need to produce these items upon request. It is smarter to keep them in a safe place. Leaving them with someone could also result in your documents getting lost so be very careful.

Also, make sure to keep a notebook and a pen with you to write down the names and phone numbers of the people you come in contact with at various agencies. Remember, nobody is going to care about your success as much as you do.

Provided for you are agencies and services that can assist you in finding your basic needs.

**FYI:** It is a good idea to call first to check that the hours of operation haven't changed. Please try to be patient with those that are attempting to assist you.

See the following pages for list of resources.

# A. First Stops

The agencies below provide either a range of services and/or can refer you to other agencies, depending on what you need.

## FIRST-STOP AGENCIES

#### 2-1-1/First Call for Help

211 provides 24-hour, comprehensive, human service information and referral for residents of Union County. 211 can help access information and locate services/programs that

connect residents to the resources that are available to them in the community. Dial 211, which can be accessed from the internet, cell phone or landline, 24 hours a day, 7 days a week. 211 is equipped for TTY callers and has a language line to connect to 140 different languages. Dial 800-331-7272 for the Homeless Hotline, which addresses emergencies and homeless calls.

#### **United Way of Greater Union County**

33 W. Grand Street Elizabeth, N.J. 07202 (908) 353-7171 Email: <u>info@uwguc.org</u>

#### **Elizabeth Coalition to House the Homeless**

118 Division Street Elizabeth, NJ 07201 908-355-2060 www.theelizabethcoalition.org

#### B. Shelter

These are some of the places providing temporary places to stay.

#### Family Promise of Union County

First Baptist Church 402 Union Ave. Elizabeth, NJ 07208 908-289-7300 ext. 11 \*Family shelter

#### HomeFirst Interfaith Housing and Family Services

1009 Park Ave. Plainfield, N.J. 07060 (908) 753-4001

#### Proceed, Inc.

Administration 1126 Dickinson St. Elizabeth, NJ 07201 908-351-7727

Satellite Office I 1122 East Grand St. Elizabeth, NJ 07201 908-351-7727

Satellite Office II 120 West 7<sup>th</sup> St. Plainfield, NJ 07060 908-351-7727

#### **Bridgeway Rehabilitative Services**

70 West Grand Street Elizabeth, NJ 07208

(908) 289-7330

#### **Raphael's Life House**

231 Court Street Elizabeth, NJ 07206 (908) 354-4750 \*For pregnant women only ages18-21

# FOOD PANTRIES/ SOUP KITCHENS



## C. Food

There are three ways to get help with food: 1) public benefits to help purchase food, 2) food pantries that provide groceries, and 3) soup kitchens that provide hot or prepared food. Food stamps and other public benefits are discussed under "Money." Food pantries and soup kitchens are below.

#### FOOD PANTRIES/SOUP KITCHENS:

#### **Elizabethport Presbyterian Center**

184 First Street Elizabeth, NJ 07206 908-351-4850 Fax: 908-351-8082 info@eportcenter.org \*Food pantry is open the last week open everyday 10-3 Bring Identification. Call and verify **Food Distribution:** 154 First Street Elizabeth, NJ 07206 Every Friday there is a food distribution for everyone 10-2pm

#### FISH Inc.

Dunnellen Area P.O. Box 8565 Piscataway, NJ 08855 24 Hour Hotline: (732) 356-0081 admin@fishdunellenarea.org

#### St. Paul's Episcopal Church (Food for friends)

1221 New Brunswick Ave. P.O. Box 1882 Rahway, NJ 07065 (732) 381-7201 \*Emergency food pantry on the third Monday and Tuesday of the last full week of the month. Proof of income, ID, Address.

#### Heard AME Church

310 Rev. TR Goyins Plaza Roselle, N.J. 07203 PH-908-241-5588 FX-908-241-7383

#### Heard.Church@verizon.net

\*Food pantry is open every Saturday from 10:00-12:00pm (except the first Saturday of the month). *Applications to receive food (accompanied by proper identification) are not accepted after 11:30am.* 

#### Rahway Food for Friends

First Presbyterian Church 1731 Church St. Rahway, NJ 07065 Soup kitchen: Every Saturday of the month

#### Seventh Day Adventist Church

1221 Bew Brunswick Ave. Rahway, NJ 07065 Food pantry: Every last Monday and Tuesday of the month (free clothing is available to all patrons on distribution dates)

#### Jewish Family Services of Central Jersey

655 Westfield Ave., Elizabeth, NJ 07208 908-352-8375 Proof of Address, ID Office: Mon-Thurs 9:00am-4:30pm Fri 9:00-3:30pm Monthly non-perishable food packages

#### HILLSIDE FOODBANK

31 EVANS TERMINAL, HILLSIDE, NJ 07205 908-355-3663

#### SALVATION ARMY-ELIZABETH

1005 E. Jersey St. 07202
908- 352-7057
\*Food pantry: help with groceries by appointment.
\*Soup kitchen: Lunched served 12:00pm-2:00pm, Mon-Fri During the last two weeks of each month.

#### Salvation Army-Plainfield

615 Watching Avenue, Plainfield, NJ 07060 (908) 756-2595 Must call for appointment Soup kitchen: M, W, Th, F 11:45am-1:00pm

#### Westfield Food Pantry at Holy Trinity

336 1<sup>ST</sup> Street
Westfield, NJ 07090
908-232-8137
Food pantry open five mornings per week, call for an appointment. Please call and have a prescreening done

#### Loaves and Fishes Food Pantry at Saint Teresa

306 Morris Ave. Summit, NJ 07901 908-277-3700 Pantry open Wednesday from 8:30am-10:30am

#### Helping Hands-Church of Saint Joseph the Carpenter

157 E. 4<sup>th</sup> Avenue Roselle, NJ 07203 908-241-1250 Food pantry open on the 2<sup>nd</sup> Sunday of each month. Call for hours.

#### Grace's Kitchen

600 Cleveland Ave. Plainfield, NJ 07060 908-765-1520 Soup kitchen open last five days of every month (except Sundays) 11:30am-1:00pm

#### St. John the Apostle Pantry

1805 Penbrook Terrace Linden, NJ 07036 732-388-1216 or 908-486-6363 Pantry open the2nd and 4<sup>th</sup> Friday of each month except for holidays and special events. Call for hours.

#### St. Joseph Social Service Center

118 Division Street Elizabeth, NJ 07201 908-352-2989 \*Food pantry: M, Tu, Th 9:00-12:00pm, 1:00-4:00pm \*Soup kitchen: Saturday 11:30am-1:00pm



# D. Free Or Low Cost Clothing Sources

#### **Goodwill Stores**

126 Route 22 West Springfield, NJ 07081 (973) 912-0156 Mon-Wed 9:00am-8:00pm Thu-Sat 9:00am-9:00pm Sun-10:00am-8:00pm

#### Holy Cross Thrift Shop

40 Mercer Ave North Plainfield, NJ 07060 (908) 753-2888 Tue 2:00-4:00pm. Fri 6:30pm-8:30pm Sat 9:00am-12:00pm

#### Jumble Store Thrift & Consignment Shop

110 Walnut Ave Cranford, NJ 07016 (908) 276-0222

#### **Unique Thrift Store**

116 Broad St Elizabeth, NJ 07201 (908) 994-0600

#### The Salvation Army

615 Watching Ave Plainfield, NJ 07060 (908) 756-2595



## E. Transportation

There is no general program to provide assistance paying for transportation. Though NJ Transit no longer accepts release papers in substitute for bus tickets. However, you may purchase transit tickets from NJDOC for \$2.00 prior to your release, which will assist you with reaching your destination.

Some of the programs listed in this book will provide bus passes to help you participate in a particular program. If you are assigned to a community/social service or reporting program, you may want to ask if the program offers transportation assistance.

For specific bus, rail or train schedules and fares, you may call NJ Transit: 973-275-5555, NJ Text Telephone: 800-772-2287 or visit the NJ Transit Website: <u>http://www.njtransit.com</u>. For specific route information on the website, click on the "trip planner". For your Union County travel convenience, you may want to purchase weekly, monthly or discounted transit passes (when applicable).

If you are going to drive places, remember that you **must** have a valid driver's license, and you **must** have insurance for any vehicle that you are driving.

Transportation for senior citizens and people with disabilities:

Union County Paratransit 908-241-8300 www.ucnj.org

Office of Amtrak Access 800-872-7245

Greyhound Customers with Disabilities Travel Assistance Line 800-752-4841



# F. Money: FS/GA

Once you are released from custody, you will need a source of income, at least temporarily, until you can find a job. (See section under "Finding a Job" for information about looking for work). The DOC does not provide "gate money," except for any money you may have in your inmate account. If it is possible to save any money before you get out; you should try to do so. Parole may give emergency funds, based on need, but it's at their discretion – ask your parole officer about this.

You may be able to get some kind of public assistance ("welfare"), but not everyone qualifies for this. Listed below are some basics on seeking and applying for benefits.

#### Work First New Jersey Program (WFNJ)

**WFNJ** provides cash benefits (General Assistance) for single people and Temporary Assistance for Needy Families for people who have custody of their children. Both programs will require you to work or actively look for work and both have a five-year lifetime limit. Work First New Jersey also has an Emergency Assistance program that you may qualify for if you are homeless or at risk of becoming homeless: it can pay for things like food, clothing and transportation costs to look for housing, but also utility payments and temporary rental or mortgage payment assistance. You can contact your social worker for more information.

**FYI:** Please call your local office to verify what the eligibility requirements are for obtaining General Assistance.

#### NJ SNAP (formerly Food Stamps)

You may apply for NJ SNAP while applying for GA/TANF. If you were convicted after August 22, 1996 of a drug distribution or sales offense, you may still be able to get NJ SNAP if you have completed or are enrolled in a licensed drug treatment program, or completed a program in prison and are drug free (you will be tested). Same goes for possession offenses. Please contact the Division of Welfare in Hudson County to inquire.

Union County Division of Social Services Elizabeth Location 343 Westminster Ave. Elizabeth, NJ 07207 Phone: 908-965-3706 Fax: 908-965-2752 **Plainfield Location** 200 West 2<sup>nd</sup> St. Plainfield, NJ 07063 Phone: 908-791-7000 Fax: 908-791-7098

# G. Veterans Benefits:

If you were receiving veteran's benefits (disability or pension) and you were incarcerated for more than 60 days, you will have to get reinstated after you are released. If you were not receiving benefits and you are a veteran, you may be eligible for benefits or for some of their other programs and services, including healthcare. You can contact the VA for questions about benefits at 800-827-1000; the health benefit number is 877-222-VETS. The 24 hour veterans mental health hotline is 1-866-VETS-NJFU.

#### VA Benefit Administration (Regional Office)

20 Washington Place, 3<sup>rd</sup> Floor Newark, NJ 07102 973-645-1441

#### Union County Office of Veterans Affairs

10 Elizabeth Plaza, 4<sup>th</sup> Floor Administration Building Elizabeth, NJ 07207 Phone: 908-659-4707 Fax: 908-527-4172 Veterans' Interment: 908-527-4717 Toll-Free Veterans Hotline: 866-640-7115 Hours: Mon-Fri 8:30am-4:30pm

Visit this local VA office to reinstate benefits or apply for new programs and services.

The following are some websites that can assist you in looking for information about veteran services:

Federal Veterans Information: <u>www.va.gov</u>

Info for NJ Veterans: <u>www.vetsinfo.com</u>

New Jersey Dept. of Veterans Affairs: www.state.nj.us/military

New Jersey Veterans Guide: <u>www.state.nj.us/military/veterans/njguide</u>

VA Home Loans: www.homeloans.va.gov Veterans Counseling Service Center: <u>www.va.gov/rcs/newjersey/html</u>

**OTHER BENEFIT PROGRAMS:** You may be eligible for other cash benefits, including Supplemental Security Income (SSI) disability Benefits. If you are seriously disabled and cannot work, call 1-800-772-1213 and the Women's, Infants, Children (WIC) program, which gives food vouchers to low-income parents. Inquire about WIC at the city or county welfare offices.

# Taking Care of Yourself: Getting Support

The transition from prison back to society may take some time to get used to and we want to provide you with options to lessen the burden. Taking care of your mind and body will be important for your success. Below are a few places that may be of assistance.

#### Taking Care of Yourself: LGBTQ+ Resources



#### Garden State Equality

Garden State Equality lifts up the diverse voices of LGBTQ+ communities through education and advocacy to advance the movement for equality in New Jersey and nationally.

Are you a Trans person who needs help changing your name in New Jersey? Garden State Equality is here to help! Learn more about **updating identification documents** at GSE's website:

https://www.gardenstateequality.org/take-action/update-id/

1408 Main Street Asbury Park, New Jersey 07712 https://www.gardenstateequality.org/ (973) 509-5428

#### Equality Federation

Equality Federation is an advocacy accelerator rooted in social justice, building power in our network of state-based lesbian, gay, bisexual, transgender, and queer (LGBTQ+) advocacy organizations.

equalityfederation.org

#### The Pride Center of New Jersey

The mission of Pride Center of New Jersey is to provide a safe and welcoming space for all individuals who identify as LGBTQ+ to find support, educational tools, health and education resources, and social opportunities within a community of acceptance. Free HIV testing.

85 Raritan Avenue, Suite 100 Highland Park NJ, 08904-2430 (732) 846-2232

#### info@pridecenter.org

#### NJ Gay Life

Lists events throughout New Jersey to connect the LGBTQI+ community. Online directory of New Jersey businesses and a support group calendar organized by issues and geographic locations.

NJGayLife.com

PO Box 224, Metuchen, NJ 08840.

# Parents, Families and Friends of Lesbians and Gays (PFLAG)

The PFLAG mission is to build on a foundation of loving families united with LGBTQI+ people and allies who support one another, and to educate ourselves and our communities to speak up as advocates until all hearts and minds respect, value and affirm LGBTQI+ people. To find a local chapter visit: https://pflag.org/find-a-chapter

Main Phone: (202) 467-8180 Fax: (202) 467-8194

#### Human Rights Campaign

Advocates for LGBTQI+ Americans, mobilizes grassroots action, and educates the public about LGBTQI+ issues. www.hrc.org

# SAMHSA Substance Abuse and Mental Health Service Administration

Resources on the LGBTQI+ population include national survey reports, agency and federal initiatives, and related behavioral health resources from the U.S. Department of Health and Human Services.

#### Find Help and Treatment

The National Helpline provides 24-hour free and confidential referrals and information about mental and/or substance use disorders, prevention, treatment, and recovery in English and Spanish.

# SAMHSA's National Helpline

#### 800-662-HELP (4357) TTY: 800-487-4889

For additional information on finding help and treatment options, visit www.samhsa.gov/find-treatment.

For general questions about SAMHSA, including information about mental and substance use disorders: SAMHSAInfo@samhsa.hhs.gov

# 877-SAMHSA-7 (726-4727)

TTY: 800-487-4889

#### Edge New Jersey

The mission of EDGE New Jersey is to respond compassionately and responsibly to the HIV+ and LGBTQI+ communities by providing supportive services, housing opportunities, prevention strategies and education to enhance the community we serve. The vision of EDGE is to empower those we serve to achieve a healthy, safe and self-sufficient life, providing the resources to positively influence their community.

#### CAN Clinic (Temporary)

3155 NJ State Route 10, Suite 204 Denville, NJ 07834 973-370-3130

#### **EDGE CAN Wellness Center**

295 East Main St Denville, NJ 07834 973-285-0006

<u>Hudson Pride Center</u> Hudson Pride serves as an advocate and social service provider for both the LGBTQI+ and HIV/AIDS communities in Hudson County.

205 Brunswick St Jersey City, NJ 07302

NHCAC Health Center 2nd Floor, 714 31st St Union City, NJ 07087

(201) 963-4779 info@hudsonpride.org

#### PROUD Gender Center of New Jersey

At Robert Wood Johnson University Hospital (RWJUH) New Brunswick it is a top priority to optimize health and well-being for every patient. The <u>LGBTQIA Program</u> is firmly rooted with that purpose in mind.

In full support of the transgender community, RWJUH provides a full suite of specialized services designed to bring you to the best "you" you can be.

At the Center, a multidisciplinary team of family medicine physicians, gynecologists, urologists, endocrinologists, plastic surgeons and otolaryngologists provides specialized care for LGBTQ patients. Hormone therapy and surgical procedures are offered to support the transition of transgender patients.

181 Somerset St., 2<sup>nd</sup> Floor New Brunswick, NJ 08901 1-833-BH-PROUD (1-833-247-7683)

#### Lambda Legal

Founded in 1973, Lambda Legal is the oldest and largest national legal organization whose mission is to achieve full recognition of the civil rights of lesbians, gay men, bisexuals,

transgender people and everyone living with HIV through impact litigation, education and public policy work. As a 501(c)3 nonprofit organization, we do not charge our clients for legal representation or advocacy, and we receive no government funding.

#### National Headquarters

120 Wall Street, 19th Floor New York, NY 10005-3919 212-809-8585

#### QSpot LGBT Community Center

**QSpot** fosters the health, well-being and pride of NJ's LGBT and allied community by providing resources, referrals, education, and outreach. QSpot works tirelessly to fulfill its mission while operating a safe and welcoming LGBT community center.

1601 Asbury Ave, Asbury Park, NJ 07712 (732) 455-3373

#### HOTLINES /CRISIS INTERVENTION

The National Helpline provides 24-hour free and confidential referrals and information about mental and/or substance use disorders, prevention, treatment, and recovery in English and Spanish.

SAMHSA's National Helpline 800-662-HELP (4357) TTY: 800-487-4889

#### Crisis Intervention/Suicide Prevention

#### The Trevor Project: (866) 488-7386

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24.

#### National Suicide Prevention Lifeline: (800) 273-8255 (online chat available)

The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

#### Crisis Text Line: Text START to 741-741

Crisis Text Line is free, 24/7 support for those in crisis. Text from anywhere in the USA to text with a trained Crisis Counselor.

#### The Gay, Lesbian, Bisexual and Transgender National Hotline: (888) 843-4564

The GLBT National Youth Talkline (youth serving youth through age 25): (800) 246-7743

Both provide telephone, online private one-to-one chat and email peer-support, as well as factual information and local resources for cities and towns across the United States.

#### Trans Lifeline: (877) 565-8860

Trans Lifeline is a trans-led organization that connects Trans people to the community, support, and resources they need to survive and thrive.

#### <u>National AIDS Hotline (800) 342-AIDS / (800) 344-7432</u> (Spanish) / (800) 243-7889 (TDD) Other Hotlines

#### U.S. National Domestic Violence Hotline: (800) 799-7233 (English and Spanish) (800) 787-3224 (TTY)

They also have an online chat feature available. Operating around the clock, seven days a week, confidential and free of cost, the National Domestic Violence Hotline provides lifesaving tools and immediate support to enable victims to find safety and live lives free of abuse. Highly trained, experienced advocates offer compassionate support, crisis intervention information and referral services in over 170 languages.

#### Pride Institute: (800) 547-7433 24/7

Chemical dependency/mental health referral and information hotline for the LGBTQ community.

#### Rape Abuse and Incest National Network (RAINN): (800) 656-HOPE / (800) 810-7440 (TTY)

The nation's largest organization fighting sexual violence, RAINN also carries out programs to prevent sexual violence, help victims and ensure that rapists are brought to justice.

Support for victims and survivors of sexual violence Hotline: 1-866-295-SERV (7378)

#### Taking Care of Yourself: COVID-19 Testing and Vaccine

#### **COVID-19 Testing and Vaccine**

Call 211 for General COVID-19 Questions and information on how to stay safe, test sites, financial assistance, unemployment, donations, food, and other non-medical needs. (24/7)

Call 1-800-962-1253 (24/7) to speak to a healthcare professional at the NJ Poison Control Center about symptoms, when to seek medical attention and proper steps to take if exposed to COVID-19. Call (COVID-19 Vaccination and Testing): <u>1-855-568-</u> 0545 (10a-6p, M-F; 10a-4p, Sa)

#### Call (Medical COVID-19 Questions): 1-800-962-1253 (24/7)

There are multiple ways to get a COVID-19 vaccine including:

- Use the <u>NJ Vaccine Appointment Finder</u> to find available vaccination appointments near you or sites with walk-in vaccinations (no appointment needed).
- Register with the <u>NJ Vaccine Scheduling System</u> to be notified when an appointment is available to you at vaccination locations that use the State's Vaccine Scheduling System.
- Seniors 65+ can call the senior-specific hotline at 855-429-1168 from 8am to 8pm to schedule dedicated vaccine appointments
- 4. Many **VA** facilities and clinics are offering vaccines to veterans, their spouses, and their caregivers.



#### Taking Care of Yourself: Health Care Resources

It is very important that you pay attention to your health during the period after you are released, to make sure you have a plan to get prescriptions that you need filled and to see a doctor if you have health conditions that need care. Also, stress and changes in routine can make many health conditions worse. Below, you'll find information on paying for healthcare and clinics and other resources in Union County.

Prior to your release, you will be given the opportunity to apply for Medicaid through the Affordable Health Care Act (ACA). ACA allows those with little or no income to be eligible for Medicaid under the new law. New Jersey residents completed an application for New Jersey Family Care and out of state residents complete an application for the Healthcare Marketplace. Applying for healthcare while at NJDOC allows enough time for processing to be completed and a health insurance card to be mailed to your residence with coverage beginning the day of your release. For more information regarding the Affordable Care Act and Medicaid, please contact your social worker or visit www.njfamilycare.org or www.healthcare.gov. Below is some information regarding traditional Medicaid.

#### A. Health Care Benefits: Am I eligible?

In New Jersey, the **Medicaid** program provides health care benefits for some low-income people. If you gain custody of children under 18 when you are released, you may qualify if you are; *single, head of house and unemployed, or existing earnings are not enough to support the household* Other eligibility requirements include low-income status, over age 65, blindness, or inability to work due to a disability. If you are disabled and are applying for SSI, you will also be screened for Medicaid at that time. If you qualify for General Assistance benefits, you will get some very basic health care benefits through Medicaid (Plan G). **Medicaid is a separate program from GA or TANF, so you don't have to be eligible for those benefits to qualify for Medicaid.** 

For questions about Medicaid eligibility, or to apply for Medicaid in Union County go to:

# Union County Division of Social Services

Elizabeth Location 343 Westminster Ave. Elizabeth, NJ 07207 Phone: 908-965-3706 Fax: 908-965-2752 Plainfield Location 200 West 2<sup>nd</sup> St. Plainfield, NJ 07063 Phone: 908-791-7000 Fax: 908-791-7098

If you are a veteran, you may be eligible for healthcare benefits through the **Veteran's Administration**, which provides a "Medical Benefits Package" for enrolled veterans. You can call 877-222-VETS for more information about eligibility and applying for benefits.

If you are HIV+ or have AIDS, you may also be eligible for the **AIDS Drug Distribution Program** (ADDP), which provides help paying for AIDS medication for people who don't have any other means of paying. **You can apply for this program before you are released**. Contact the **Aids Drug Distribution Program** at 609-588-7038 or toll free at 877-613-4533, Mon-Fri 8am-5pm to apply.

**Easter Seals New Jersey** provides information, referrals and loans of medical equipment (including wheelchairs) to people in need. For information call 732-257-6662.

#### **B. General HealthCare Providers**

Even if you do not have Medicaid or other health insurance or benefits, Union County has clinics that provide primary health care at low cost, sliding scale or for free. They are listed below. Most hospitals have charity care and you should ask about this if you go to a hospital emergency room for treatment.

#### UNION COUNTY HEALTHCARE LOCATIONS

#### **Neighborhood Health Center Cardinal**

Location: 950 Park Ave., Plainfield, NJ - 07060 Contact Phone: 908-754-5840 Services: adult medicine, adolescent medicine, pediatrics, school-based services, obstetrics and gynecology, family planning, dentistry, health education, social services, and afterhours care.

#### Neighborhood Health Center Elizabeth

Location: 184 1<sup>st</sup> St., Elizabeth, NJ - 07206 Contact Phone: 908-355-4459 Services: adult medicine, adolescent medicine, pediatrics, school-based services, obstetrics and gynecology, family planning, dentistry, health education, social services, and afterhours care.

#### **Neighborhood Health Center Plainfield**

Location: 1700-58 Myrtle Ave., Plainfield, NJ - 07063 Contact Phone: 908-753-6401 Services: adult medicine, adolescent medicine, pediatrics, school-based services, obstetrics and gynecology, family planning, dentistry, health education, social services, and afterhours care

#### Neighborhood Health Center, The Healthy Place

Location: 427 Darrow Ave., Plainfield, NJ - 07060 Contact Phone: 908-731-4288 Services: adult medicine, adolescent medicine, pediatrics, school-based services, obstetrics and gynecology, family planning, dentistry, health education, social services, and afterhours care.

#### **Overlook at Union Hospital**

1000 Galloping Hill Road Union, NJ 07083 908-522-6300 ACUTE medical care <u>only</u>

#### **Robert Wood Johnson University Hospital at Rahway**

865 Stone Street Rahway, NJ 07065 (732) 381-4200 ACUTE Medical Care only

#### PLANNED PARENTHOOD OF CENTRAL NJ

Planned Parenthood Health Centers provide a variety of reproductive health services such as gynecological care, birth control services, pregnancy testing, STD testing and treatment, pre-natal care, primary care and cancer screenings. Not all centers provide the same services, so it's important to check before scheduling an appointment.

#### Health Centers Elizabeth

Medical Services 1150 Dickinson Street, Elizabeth, NJ 07201 (908) 351-5384 Services: Abortion services, birth control, general health care, HIV testing, LGBT services, men's health care, morning-after pill (emergency contraception), pregnancy testing and services, STD testing, treatment and vaccines and women's health care.

#### Plainfield

Medical Services 123 Park Avenue, Plainfield, NJ 07060 (908) 756-3736 Services: Abortion services, birth control, general health care, HIV testing, LGBT services, men's health care, morning-after pill (emergency contraception), pregnancy testing and services, STD testing, treatment and vaccines and women's health care.

#### Hospitals in Union County

#### **Elizabeth General Hospital**

225 Williamson St. Elizabeth, NJ 07202 908-558-7043

#### **Children's Specialized Hospital**

150 New Providence Rd. Mountainside, NJ 07092 445-373-5496

#### Kindred Hospital New Jersey-Rahway

865 Stone Street Rahway, NJ 07065 732-453-2950

#### Muhlenberg Regional Medical Center

1200 Randolph Road Plainfield, NJ 07060 908-668-2200

#### **Overlook Medical Center**

99 Beauvoir Ave. Summit, NJ 07901 908-522-2000

#### **Runnels Specialized Hospital**

40 Watchung Way Berkeley Heights, NJ 07922 908-771-5700

#### Summit Oaks Hospital

19 Prospect Street Summit, New Jersey 07902 908-522-7000

#### **Trinitas Regional Medical Center**

225 Williams St. Elizabeth, NJ 07202 908-994-5000

#### **Robert Wood Johnson University Hospital Rahway**

865 Stone Street Rahway, NJ 07065 732-381-4200

# C. Services for People with HIV/AIDS

In addition to the clinics listed above, a number of places in Union County offer care and support services specifically for people with HIV and AIDS.

#### **Union County HIV & AIDS Services**

10 Elizabethtown Plaza Elizabeth, NJ 07207 908-558-2572

#### Proceed, Inc.

Administration-1126 Dickinson Street Elizabeth, NJ 07201 Satellite Office-1122 East Grand Street Elizabeth, NJ 07201 (908) 351-7727 (908) 353-5185 (Fax) Multi Service HIV/AIDS Service Agency

#### **Catholic Charities**

271 Smith Street Perth Amboy, NJ 08861 732-826-9160

#### Hyacinth Foundation

107 Park Ave., 3<sup>rd</sup> Floor Plainfield, NJ 07060 (908) 755-0021 Hotline: 800-433-0254 info@hyacinth.org

#### Medical Diagnostic Associates

525 Central Ave., Suite C Westfield, NJ 07090 908-233-0895

#### **American Red Cross**

321 Elm Street Westfield, NJ 07090 908-232-4452

#### NJ AIDS/STD Hotline

1-800-624-2377 – 24 hours/day The hotlines provide referrals, general information, counseling, testing locations and treatment information.

#### Rapid Testing Centers

Elizabeth Lennard Clinic 850 Woodruff Lane, Elizabeth, NJ 07201

#### 908-352-0850

Planned Parenthood –Elizabeth 1150 Dickenson Street, Elizabeth, NJ 07201 908-351-5384

PROCEED, Inc. 1126 Dickinson Street, Elizabeth, NJ 07201 908-351-7727

Trinitas Hospital 654 East Jersey Street, Suite 161, Elizabeth, NJ 07026 908-994-7300

Trinitas Hospital-Emergency Department 25 Williamson Street Elizabeth, NJ 07026 908-994-7300

#### Plainfield

Hyacinth AIDS Foundation 25 Craig Place, Plainfield, NJ 07060 908-755-0021

Planned Parenthood of Plainfield 123 Park Ave., Plainfield, NJ 07063 908-756-3736

# D. Services for People with Tuberculosis and Hepatitis C

In addition to the general medical care facilities listed above, there are a few services especially for people with tuberculosis and hepatitis C.

#### **TUBERCULOSIS CONTROL PROGRAM, UNION COUNTY**

# Rutgers Global TB Institute NJ Medical School

Clinical Services 225 Warren St. Newark, NJ 07103 973-672-6232

#### Tuberculosis Program

50 East Street, 3<sup>rd</sup> Floor PO Box 363 Trenton, NJ 08625 609-826-4878

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# E. Dental Care

Most of the locations listed below don't provide free care, but do have a sliding scale for those with or without insurance.

#### **Overlook Hospital Dental Care Center**

99 Beauvoir Ave. Summit, NJ 07902 908-522-2901

#### **Neighborhood Health Services**

1700-58 Myrtle Ave. Plainfield, NJ 07063 908-753-6401

184 First Street Elizabeth, NJ 07206 908-355-4459

#### UMDNJ-School of Health Related Professions Scotch Plains

1776 Raritan Road Scotch Plains, NJ 07076 908-889-2410

#### Hackensack University Medical Center - Dental Clinic

<u>St. John Building</u>: 30 Prospect Avenue Hackensack, NJ 07601 551-996-2111 <u>Hillcrest Building</u>: 60 Second St. Hackensack, NJ 07601 551-996-3519 Hours: Mon-Fri 8:00am-4:30pm

#### Elizabeth Department of Health & Human Services

City Hall of Elizabeth G-12 50 Winfield Scott Plaza Elizabeth, NJ 07201 908-820-4049

# F. Mental Health/Substance Abuse Resources

**FYI:** Drug addiction can be fatal to your health, not to mention illegal and can result in jail time. In order to be successful in society seeking services for a drug or alcohol addiction will be necessary. Many of the health clinics, support centers and other resources listed in this guide can help refer you to treatment that most fit your needs. Listed below are some of Essex County's treatment resources and each of these will also help with referrals if they cannot help you. If you want

treatment, you should also ask your parole officer for help — beds in treatment facilities are hard to come by, and they can help get you in.

There are Narcotics Anonymous (NA) and Alcoholics Anonymous (AA) support group meetings all over Union County. To find a meeting near you, call 866-920-1212 (for AA) or 800-992-0401 (for NA). For other self-help group resources, call the New Jersey Self Help Clearinghouse at 800-367-6274. Also, you can call the Addictions Hotline of NJ at 800-238-2333.

#### **Detoxification Centers in NJ**

#### **Aldie Counseling Center**

2291 Cabot Boulevard West Langhorne, PA 19047 215-642-3230

#### **Behavioral Crossroads Recovery, LLC**

509 South Blackhorse Pike (Rt 168) Turnersville, NJ 08012 609-964-4061 ext. 2

#### Burlington Comp Counseling Inc.

75 Washington Street Mount Holly, NJ 08060 609-267-3610

#### **Carrier Clinic**

252 County Route 601 Belle Mead, NJ 08502 908-281-1000

#### Hunterdon Med Center/Addictions Treatment Services

2100 Wescott Drive Flemington, NJ 08822 908-788-6401

#### **Jersey City Medical Center**

355 Grand Street Jersey City, NJ 07302 201-915-2281

#### Kaleidoscope Health Care, INC

75 Harrison Avenue Jersey City, NJ 07304 201-451-5425

#### Livengrin Foundation Inc.

4833 Hulmeville Road Bensalem, PA 19020 215-638-5200

#### New Horizon Treatment Services Inc.

132 Perry Street Trenton, NJ 08618 609-394-8988

#### **New Pathway Counseling Services**

995 Broadway Bayonne, NJ 07002 201-436-1022

#### **Princeton House Behavioral Health**

905 Herrontown Road Princeton, NJ 08540 609-497-3300 **Somerset Treatment Services** 118 West End Avenue Somerville, NJ 08876 908-722-1232

#### Spectrum Health Care, INC

74-80 Pacific Avenue Jersey City, NJ 07304 201-860-6100

#### Summit Behavior Health

4065 Quakerbridge Road Princeton Junction, NJ 08550 609-651-4001

#### Today Inc.

1990 North Woodbourne Road Newtown, PA 18940 215-968-4713

#### **Turning Point, INC.**

595 County Avenue Secaucus, NJ 07096 973-239-9400

#### OUTPATIENT AND RESIDENTIAL MENTAL HEALTH/SUBSTANCE ABUSE TREATMENT

# Addiction Services UCPC Behavioral Healthcare

117-119 Roosevelt Ave. Plainfield, NJ 07060 (908) 756-6870 Drug and alcohol rehabilitation treatments - outpatient drug rehab center and partial hospitalization/day treatment for persons with co-occurring mental and substance abuse disorders, women and men

## Intervention Specialist LLC

583 Cherry Street Cranford, NJ 07208

#### (908) 289-0700

Drug and alcohol rehabilitation treatments - outpatient drug rehab centers for persons with co-occurring mental and substance abuse disorders, persons with HIV/AIDS, Gay and lesbian, seniors/older adults, women and men including criminal justice.

#### **Overlook Hospital Atlantic Health Systems**

99 Beauvoir Avenue Summit, NJ 07901 1-888-247-1400 Intensive outpatient and acute partial care behavioral health programs.

#### **Bridgeway Rehabilitation Services**

615 North Broad Street Elizabeth, N.J. 07208 (908) 355-7200 Offers partial care mental health services.

#### Summit Hospital

19 Prospect St. Summit, NJ 07902 800-753-5223 Services: intensive outpatient and/or residential psychiatric, cooccurring and/or drug & alcohol treatment programs

#### **Counseling Care Associates**

186 Paterson Avenue East Rutherford, NJ 07073 (201) 896-4840 Limited drug and alcohol counseling for Union County residents.

#### Jewish Families Services of Central Jersey

655 Westfield Avenue Elizabeth, NJ 07208 908-352-8375 Individual, family and group counseling services. Fees may be charged on a sliding scale.

#### Catholic Charities of the Archdiocese of Newark

Mount Carmel Guild Behavioral Healthcare (2 locations): 108 Alden Street Cranford, NJ 07016 908-497-3925

2201 Bergenline Ave. Union City, NJ 07087 201-558-3700 Services: outpatient and partial care services for individuals with serious and persistent mental illness and substance abuse/dependence.

Carrier Clinic 252 Route 601 Belle Mead, NJ 24/7 Access Center: 1-800-933-3579 Offers inpatient, residential and outpatient psychiatric services. Also offers residential and outpatient substance abuse treatment services.

#### Flynn House of NJ

1089-1091 East Jersey Street Elizabeth, NJ 07201 908-351-2265 908-351-5042 (Fax) Half-way house for alcohol & drug addicted. Provides behavior modification, stress management, individual counseling, outside A.A. & N.A. meetings.

#### **Resolve Community Counseling Center**

1830 Front Street Scotch Plains, NJ 07076 908-322-9180 Outpatient counseling services.

#### **High Focus Centers**

16 Commerce Drive Cranford, NJ 07016 908-272-2474 908-272-8996 (Fax) Outpatient substance abuse and mental health treatment services offered to adults.

#### **Trinitas Regional Medical Center**

225 Williams Street Elizabeth, NJ 07202 1-908-994-7250 (Inpatient) 1-908-994-7556 (Outpatient) Offers adult psychiatric inpatient and outpatient services.

#### Proceed, Inc.

1126 Dickinson Street Elizabeth, NJ 07201 908-351-7727 or 908-351-727 ext. 232 908-353-5185 (Fax) Out-patient treatment for drug and alcohol abuse.

#### Pride Institute, Summit Hospital

19 Prospect Street Summit, NJ 07901 908-277-9192 908-522-7098 (Fax) Offers both inpatient and intensive outpatient treatment in psychiatry and substance abuse for LGBTQ population.

#### United Family and Children's Society

305 West 7th Street Plainfield, NJ 07060 info@unitedfamily.org 908-755-4848 Individual, family, group and couples counseling; insurance, fee for service, slide

#### G. Emergency Mental Health Services

FYI: If at any time you may want to hurt yourself or someone else or you feel like you may be a danger to yourself or others, please call 911. It is very important that you call someone for help. Here are a few numbers of places that would be more than willing to come to your aid.

New Jersey Mental Health Cares Helpline 866-202-4357 TTY: 877-294-4356

Mobile Community Outreach (24 Hour Emergency Psychiatric Services) 908-994-7131

## Union County Mental Health Services

908-527-4846 Sara Thode, Director of Behavioral Health/Mental Health Administrator

#### Primary Screening Centers for Union County

#### **Trinitas Regional Medical Center**

655 East Jersey Strett Elizabeth, NJ 07206 Hotline: 908-994-7131

#### **Overlook Hospital (CIP)**

99 Beavior at Silvan Road Summit, NJ 07901 Hotline: 908-522-2232

#### **RWJ University Hospital Rahway**

865 Stone Street Rahway, NJ 07065 Hotline: 732-381-4949 or 732-499-616

### H. Free/Low Cost Eyeglasses/Eye care

Union County Resident Eye Care Associates 201-797-2747

#### New Jersey Council of the Blind

153 Franklin Corner Road Lawrenceville, NJ 08648 609-882-2446

#### National Federation of the Blind of New Jersey

69 Prospect Place Belleville, NJ 07107 973-450-3030

## Finding a Job: Employment Assistance and Training Programs

Getting a job is usually one of the most important things people need to do when they are released from prison. Not everyone can obtain employment immediately, sometimes things like getting drug treatment, dealing with your housing, health or family situations come first. For most people though, finding working is the first step to getting back on your feet. It will be very challenging to get a job once you have been in prison, but it is not impossible, and you need to be persistent and patient. Below are some pointers on job searching, and information about resources that can help you find a job or get training for the job you want.

## A. Things to Know Before You Start Your Job Search

**Be Prepared:** It is essential that you are organized, and have all records of previous employment available when beginning a job search. <u>A resume is the smartest thing you can create</u>. If you are unsure of how to do so, you may go to your local onestop career center and seek assistance. Not only will employers want to know your work history, they will inquire of accurate dates that you were employed with the company. Knowing this information is vital to ensuring employment. Employers will not be interested in hearing that you do not remember dates or addresses for your work history. If an employer decides to hire you he will also need your identification so make sure that is readily available.

**Presentation:** Look as neat, clean and organized as possible, no matter what the job is. Be polite and respectful, even when people are not polite and respectful to you, and many won't be. Making the person you want to help you or hire you mad won't get you the job you want.

#### Talking About Your Criminal Record:

Never omit or falsify a document that asks you specifically if you have a criminal record. The application may ask you to give details to the nature of your crime and it may not. Chances are a criminal background check will be administered prior to employment and lying will cost you the job.

#### IT'S A JOB FOR RIGHT NOW, IT'S NOT THE REST OF YOUR LIFE

When you are first starting out, especially if you've been out of the job market for a while, or have never had a job, you need to build a work history, and, of course, you need to make some money. Take whatever job you can get for now — it doesn't have to be the exact job you want, or what you eventually want to be doing. Do this job well —even if it's not a great job — and it can help you get a better one in the future. One year of good job performance will make your criminal record matter less.

# B. Help with Job Search and Job Training: Resources

The following are good places to start in looking for a job.

#### **Union County One Stop Career Centers**

Elizabeth Location: 921 Elizabeth Ave. Elizabeth, NJ 07201 908-558-8000 908-558-8005 (fax) Hours: 8:30-4:30pm

Plainfield Location 200 West 2<sup>nd</sup> Street Plainfield, NJ 07063 (908) 757-9090 908-757-9094 (fax) Hours: Mon-Fri 8:30am-4:30pm

#### **Center for Educational Advancement**

11 Minneakoning Road Flemington, NJ 08822 908-782-1480 Computer Training, Job Placement, Job Training, Jobs, Vocational training

#### NJ Division of Vocational Rehabilitation Services

438 Summit Avenue, Suite 604 Jersey City, NJ 07306 201-217-7180

#### **Occupational Center of Union County, Inc.**

301 Cox Street Roselle, NJ 07203 908-241-7200 Email: <u>ocuc@inroadsto.com</u> Vocational, rehabilitative, and mental health services to residents with a disability living in Union County community.

## C. Legal Restrictions on Employment and Protections against Discrimination

If you are interested in getting a job and building a career in a particular area, you should make sure that it isn't one that is forbidden to someone with the kind of criminal conviction that you have on your record. There are about 22 categories of jobs in New Jersey that exclude people with convictions (which conviction it is varies by job). These include: aircraft/airport employees; paid public school employees; school bus drivers and school crossing guards; bank employees; bartenders and waiters in establishments where liquor is served; housing authority and municipal police and parking enforcement officers; New Jersey Turnpike Authority employees; liquor retail, wholesale, manufacturing or distributing employees; paid firefighters; child care center employees; community residences for individuals with developmental disabilities. A much larger number of jobs require that you disclose your criminal record, and that employers perform background checks; some of these, however, also require that employers consider evidence of rehabilitation. These include most jobs in the health care and counseling fields (including drug and alcohol counseling) and social workers.

FYI: If you are going to begin training in a particular field, make sure you find out from the training course whether there are any restrictions that will keep you from getting a job.

#### PROTECTIONS FOR LICENSED OCCUPATIONS:

If you are not absolutely barred from a position because of your conviction, New Jersey law says that you cannot be denied a professional license simply because of your conviction unless the crime for which you were convicted relates to the occupation you want to enter. If the licensing board or agency wants to deny you a license because the crime is related to the occupation, they have to explain, in writing, that they have considered certain factors like the seriousness of the crime, the circumstances of the crime, the date and your age when convicted, whether the crime was an isolated or repeated event, social conditions, and evidence of rehabilitation. You can ask your parole officer about applying for "certificate of rehabilitation," which can be used in your license application.

## D. Benefits for Employers Who Hire People with Criminal Records

As you look for a job you can tell employers that the federal government has programs to support employers who hire people coming out of prison.

#### WORK OPPORTUNITY TAX CREDIT

An employer who hires people with criminal records may be able to save up to \$4,800 the first year you are hired. May sure to inform your potential employer of this benefit. For questions regarding WOTC, please call 609-292-5525 or 1-800-792-8881

#### FEDERAL BONDING PROGRAM

The Federal Bonding program provides bonding or "insurance coverage" for employers who hire individuals with criminal histories who are otherwise qualified but cannot get jobs due to their backgrounds. You can get information about this program from the New Jersey Department of Labor, Workforce Division or the local One-stop Career Center (listed above).

## E. Opening a Checking or Savings Account



After you've gotten a source of income, you may want to open a checking or savings account. A checking account is a great idea because many jobs provide direct deposit, and your check is automatically deposited into your account on payday. Using checks to pay for your bills is also cheaper than using money orders. To open a checking account you usually need a picture identification (driver's license or non-driver state identification), proof of address, birth certificate, and a social security card. You can also request a debit card with your account, which you can use just like a credit card (as long as you have the money in your account already). You can get a debit card for either a checking account, or a savings account, but with a savings account you can earn interest on the money you've saved. Fees for these accounts will vary depending on the type of account and bank. Many banks now offer free checking.

### **F. Public Libraries**

Your local public library can be a good resource for your job search. Public computers provide Internet access (and help from a librarian in using the computer), job and course listings, and other local directories. In addition, libraries often carry the government forms mentioned in this guide, and librarians can help you find information beyond the scope of this book.

#### **LIBRARIES**

Berkley Heights Free Public Library 290 Plainfield Ave. Berkeley Heights, NJ 07922 908-464-9333

Clark Public Library 303 Westfield Ave. Clark, NJ 07066 732-388-5999

Friend of Library Service 27 Stemmer Drive Clark, NJ 07066 908-709-7272

City of Elizabeth Library 102 3<sup>rd</sup> Street Elizabeth, NJ 07206 908-289-9032 Free Public Library of Elizabeth 11 South Broad Street Elizabeth, NJ 07202

Elmora Brand Library 740 West Grand Street Elizabeth, NJ 07202 908-353-4820

Garwood Free Public Library 223 Walnut Street Garwood, NJ 07027 908-789-1670

K 6 Law Library 2000 Galloping Street Kenilworth, NJ 07033 908-298-4858

Kenilworth Free Public Library 584 Boulevard Kenilworth, NJ 07033 908-276-2451

Linden Free Public Library 31 East Henry Street Linden, NJ 07036 908-298-3830

East Branch Library 1425 Dill Drive Linden, NJ 07036 908-289-3829

New Providence Memorial Library 377 Elkwood Ave. New Providence, NJ 07974 908-665-0311

Board of Trustees Free Library 850 Park Ave. Plainfield, NJ 07060 908-757-1111

North Plainfield Public Library 6 Rockview Ave. Plainfield, NJ 07060 908-755-7909

Rahway Library 75 East Cherry Street, Suite 9b Rahway, NJ 07065 732-388-0761 Roselle Free Public Library 104 West 4<sup>th</sup> Ave. Roselle, NJ 07203 908-245-5809

Roselle Park Veterans Memorial Library 404 Chestnut Street Roselle Park, NJ 07204 908-245-7171

Scotch Plains Public Library 1927 Bartle Ave. Scotch Plains, NJ 07076 908-322-5007

Springfield Free Public Library 65 Mountain Ave. Springfield, NJ 07081 973-376-4930

Summit Free Public Library 75 Maple Street Summit, NJ 07901 908-273-0350

Nancy Thompson Library PO Box 411 Union, NJ 07083 908-527-2017

Union Twp. Free Public Library Friberger Park Union, NJ 908-851-5450

Westfield Memorial Library 550 East Broad Street Westfield, NJ 07090 908-789-4090



As you prepare to come home, you may be thinking about reuniting with family members, including those you may not have seen for a long time. You may be excited to see your kids, your spouse, your parents, and others who are part of your family, and they may be glad to see you home, but your return can be stressful for you and for them. All kinds of issues can come up, and you may need some help solving some of the problems that arise. This section provides some information and resources to help solve these issues.

#### Hotlines For Family Services Resources

NJ Child Abuse/ Neglect Hotline: 1(877)NJABUSE (652-2873)

Child Care Hotline: 1(800) 332-9227

**NJ Child Support Hotline:** 1 (877) NJKIDS- 1 (655-4371)

Division of Family Development: 1(800) 792-9773

NJ Department of Children and Families: 1 (800) INFO-DCF 1-855-463-6323

Family Health Line: 1 (800) 328-3838

Family Help Line (for stressed parents): 1 (800) THE KIDS (843-2537)

National Domestic Violence Hotline: 1(800) 799-7233

NJ Domestic Violence Hotline: 1(800) 572-7223

## Parents Anonymous:

1(800) 843-5437

#### A. Family Counseling Resources

The following places can provide support, marital and family counseling and parenting classes to help you reunite with your family.

#### Catholic Charities of the Archdiocese of Newark

505 South Avenue East Cranford, NJ 07016 (908) 497-3902 Adult Services, children & family services, child protective services in-Home Hispanic Family Services, family and adoption services, emergency food and nutrition network, immigration assistance. Fee for service, some insurance accepted, slide scale available.

#### Family and Children's Services

Main Office: 40 North Avenue Elizabeth, NJ 07208 (908) 352-7474 Midtown Office: 16 Jefferson Avenue Elizabeth, NJ 07201 908-372-1007 Individual, family and group counseling services Fees may be charged on a sliding scale.

#### Jewish Families Services of Central Jersey

655 Westfield Avenue, Elizabeth, NJ 07208 908-352-8375 Individual, family and group counseling services Fees may be charged on a sliding scale.

#### Proceed, Inc.

1126 Dickinson Street Elizabeth, NJ 07201 908-351-7727 908-353-5185 (Fax) Individual, family, group and couples counseling; insurance, fee for service, Slide, Bi-Lingual Servicies

#### **United Family and Children's Society**

305 West 7th Street Plainfield, NJ 07060 info@unitedfamily.org 908-755-4848 Individual, family, group and couples counseling; insurance, fee for service, sliding scale

#### **Resolve Community Counseling Center**

1830 Front Street Scotch Plains, NJ 07076 908-322-9180 Individual, couples and family counseling services and parent education programs.



## **B. Child Custody and Visitation**

Establishing visitation and gaining custody of your children once you are released is not an overnight procedure. If you had custody of your kids at the time you were incarcerated, and no family was able to take care of them, they may have been placed in foster care. If this is the case, and you do not know your child's case manager's name or number, contact the Division of Child Protection and Permanency (formerly DYFS), at 800-531-1091. You will have to make an appointment with the case manager for an interview. They may not be willing to give you information over the phone. You'll be asked a series of questions in order to assess when and if you will be given visitation rights, so that you may reestablish your relationship with the child and hopefully gain custody again. This is just a quick overview of what to do and what you can expect. FYI: If you were convicted of any violent or sexual offenses against children, you may be unable to live with or regain custody of your children.

Listed below are the different offices for DCPP in your area. Please contact the office that applies to your location.

#### Union Central #571

570 South Avenue East Cranford, NJ 07016 908-497-1488 or 866-224-1914

#### Union East #566

80 West Grand Street Elizabeth, NJ 07202 908-820-3000 or 800-847-1738

#### Union West #568

Park Madison Building 200 West 2<sup>nd</sup> Street, 4<sup>th</sup> Floor Plainfield, NJ 07060 908-754-0952 or 800-847-1750

### C. Getting and Paying Child Support

Whether you have custody of your children on your own when you get out, and need help from an absent ("non-custodial") parent, or you do not have custody of kids who need your support, child support payments will be an important part of your life after you are released. Some basic information is included below, as far as enforcing a child support order

Child support, custody and visitation issues are very complicated, and if you can get **a lawyer, you should.** Contact the Legal Services of New Jersey hotline, from 9:00 am - 4:30 pm, at 888-576-5529, or the Union County Bar Association Lawyer Referral Service at 908-353-4715. You can also contact Central Jersey Legal Services at 60 Prince Street, Elizabeth, NJ 07208 at 908-354-4340. From prison, you can also contact the Prisoner's Self-Help Legal Clinic, PO Box 768, Newark, NJ 07101.

#### **GETTING AND ENFORCING A CHILD SUPPORT ORDER**

If you have custody of your children, and want financial support from the non-custodial parent, you can apply for child support at the Union County Family Court Building, 2 Broad Street, 2<sup>nd</sup> Floor Annex, Elizabeth, NJ 07207, 908-659-4600. There is a possible fee. You can also call 1-877-NJKIDS1 for more information about this.

#### PAYING CHILD SUPPORT

If you have kids that you did not have custody of before you went to prison, there may be a child support order requiring you to pay a certain amount every month for their support. Even if you did not go to court — if, for example, the parent

with custody filed for the order while you were incarcerated the court can still order you to pay child support. The amount you pay in child support is tied to your income, and if the court does not know your income, they will assume you are working 40 hours a week at minimum wage. Child support payments are usually taken out of your paycheck. If you have not paid at all or missed payments, you will owe "arrears." Unless you got a modification of your child support order when you went into prison (see below), the amount of arrears that you owe will have continued to grow while you were inside. When you come out, and get a job, they can begin to take out not just the monthly amount you owe for child support, but more money to pay back the arrears (up to 65% of your pay in total). They may also suspend your driver's license only if there is a warrant. If the warrant is cleared the client must pay \$100 restoration fee to DMV unless waived by court order. Here are some things vou can do:

#### **Union County Child Support**

1143-1145 E. Jersey Street Elizabeth, NJ 07201 1-877-655-4371 To enforce an existing order

#### Union County Courthouse Annex

New Annex Building, 2 Elizabeth Plaza, 2<sup>nd</sup> Floor Elizabeth, NJ 07205 1-877-655-4371 **To establish or change an order** 

#### **Union County Division of Social Services**

342 Westminster Ave. Elizabeth, NJ 07208 1-877-655-4371 **To locate a parent prior to an order** 

#### **D. Domestic Violence Resources**

The following places provide counseling, support and shelter or referrals to shelter in domestic violence situations. You can also call these 24 hour hotlines:

**New Jersey Coalition for Battered Women:** (800)-572-SAFE.

Domestic Abuse Hotline for Men and Women: (888) 7HELPLINE (1-888-743-5754)

Center for Family Services-Services Empowering the Rights of Victims (SERV) 24 Hr. Hotline: 856-881-3335

NJ Coalition for Battered Women 800-572-7233

### Project Protect

Hotline: 908-355-4357

#### YWCA Union County

Hotline: 908-355-4357 (24/7)

## GETTING MORE EDUCATION

Although getting more education may not be part of your short term plans, it certainly should be something to think about for the future, especially if you do not have a high school diploma or a GED.

## A. High School Diploma/GED Certificate/High School Equivalency Degree (HSED)/Vocational School Certificates

It is very important to keep records of any degrees and certificates of completion and work-related licenses that you have earned. Before you are released, you can write to the school or agency where you earned your degree or certificate to obtain a copy. Once you have a copy in your possession, this should be kept in your strong box.

FYI: If you earned your GED while incarcerated please call the Education department of the institution you were in to obtain a copy.

You can also request your GED transcript or diploma verification from the New Jersey Department of Education providing you completed your diploma in a traditional setting. You will have to fill out a GED Information Request Form.

#### Please call 609-777-1050 for further assistance.

You may ask that it be sent to you; or you may pick up the form at a local testing center (which you can do after you are released); by downloading the form from the website <u>http://www.state.nj.us/njded/students/ged/ged7.htm</u>; or by writing to: GED Testing Program, Bureau of Adult Education and Family Literacy, New Jersey Department of Education, PO Box 500, Trenton, NJ 08625.

Your chances of getting a job that pays a living wage, and of moving forward in a career will improve with more education, and not having the high school diploma or GED will simply lock you out from a lot of opportunities.

## **B. GED Classes**

The places in Union County below offer classes to help you prepare for the GED exam. Call for exact times and procedures. Many locations offer classes at low cost or no cost. For more information, contact the New Jersey Department of Labor and Workforce Development, Division of Workforce Readiness & Literacy at 609-943-5921. Call individual programs for information on classes offered, fees and/or time schedules.

### **GED Testing Centers**

#### Plainfield Public Library

800 Park Ave. Plainfield, NJ 07060 908-757-1111 ext. 122 <u>literacy@plfdpl.info</u> <u>www.plainfieldlibrary.info/</u> Test offered in English and Spanish

#### Union County College

40 West Jersey St. Elizabeth, NJ 07202 908-659-5154 Test offered in English and Spanish

#### **GED Classes**

#### **Urban Workforce Advantage**

Elizabeth Center 49 Broad Street, 2<sup>nd</sup> Floor Elizabeth, NJ 07201 908-355-2288

<u>Union City Center</u> 3608 Bergenline Ave., 2<sup>nd</sup> Floor Union City, NJ 07087 201-865-1199

#### Linden Adult Education School

Linden High School 121 W. St. Georges Avenue Linden, NJ 07036 908-486-5432 ext. 8348

## C. Higher Education

If you already have a high school diploma or a GED certificate, you may want to move forward and get your associate's degree, bachelor's degree or graduate degree. Below are resources for Union County area.

#### Local Area Colleges

#### New Jersey Institute of Technology

150 Bleeker St. Newark, New Jersey 07102 (973) 596-3000

#### **Montclair State University**

1 Normal Ave. Montclair, NJ 07043 973-655-4000

#### Seton Hall University.

400 South Orange Avenue South Orange, NJ 07079 973-761-9000

#### Union County College

Cranford Campus: 908-709-7000 1033 Springfield Avenue Cranford, NJ 07016 Elizabeth Campus: 908-965-6000 40West Jersey Street Elizabeth, NJ 07202 Plainfield Campus: 908-412-3599 232 East Second Street Plainfield, NJ 07060 Scotch Plains Campus: 908-412-3599 1700 Raritan Road Scotch Plains, NJ 07076

#### University of Northern New Jersey

25 Commerce Drive Cranford, NJ 07016 908-300-5600

#### Kean University

1000 Morris Ave. Union, NJ 07083 (908) 737-5326 www.kean.edu

#### **Rutgers University -- Newark**

190 University Ave. Newark, NJ 07102 973-353-1766

#### **DeVry University**

630 US Highway 1 North Brunswick, NJ 08902 (732) 729-3960

#### **Lincoln Technical School**

2299 Vauxhall Road Union, NJ 07083 908-964-7800

#### CAN I GET FINANCIAL AID?

To pay for school, you will probably try to get some financial aid. If you are applying for any federal financial aid programs after release (such as Pell Grants, Perkins Loans, Federal Family Education Loans, etc.), you are not restricted unless you have a drug-related offense. For possession offenses, a first offense means one year of ineligibility (after your conviction), a second offense, two years and third offense means you are "indefinitely" ineligible, which to the government means permanently ineligible. For a sales or distribution crime, a first offense has two years of ineligibility, a second offense makes it permanent. Private financial aid or loan programs may not have any restrictions.

## Other Things You Need to Know

## A. Getting Legal Assistance



To get assistance with civil (not criminal) cases, you can contact the toll-free hotline at **888-576-5529** for **Legal Services of New Jersey (LSNJ)**, which provides both information and referrals. The Central Jersey Legal Services, 198 W State Street, Trenton, at 609-695-6249 also serves Union County.

#### Central Jersey Legal Services

Union County Office 60 Prince Street Elizabeth, NJ 07208 (908) 354-4340

From prison, you can also contact the Prisoner's Self-Help Legal Clinic, PO Box 768, Newark, NJ 07101.

## B. Checking and Correcting Your Criminal Record ("rap sheet")

Since employers, landlords and others will be performing criminal background checks and getting copies of your criminal record, it is important that you know what is on it, and that it is accurate. You should also be prepared to answer any questions about your background.

**FYI**: Background checks are now only done electronically. You may contact State Police Headquarters to inquire how to correct your criminal record. The address is listed below.

State Section of Identification Records and Identification Bureau New Jersey State Police PO Box 7068 West Trenton, NJ 08628 1-609-882-2000 ext 6425

## C. Expungement: Cleaning Up Your Criminal Record

You may have heard about expungement as one way to clean up your criminal record as you get some distance from your old arrests and convictions. Unfortunately, expungement is fairly limited in New Jersey. You can expunde any arrest that did not lead to a conviction at any point. You can expunge "disorderly persons offenses," which are low-level offenses in New Jersey, after 5 years, and most municipal ordinance offenses after 2 years. Convictions for "indictable offenses" (felonies), can be expunded 10 years from the date of conviction, payment of any fine, satisfactory completion of probation or parole or release from incarceration, but whichever is latest. The most serious of these offenses, such as murder, kidnapping, aggravated sexual assault, robbery, arson, perjury and distribution, sale or possession with intent to distribute of controlled dangerous substances (drugs), can never be expunded. Expundement is a broader remedy for offenses committed as a juvenile. Legal Services of New Jersey has published a guide to cleaning up your record through expungement. To obtain a copy of the book, call 1-888-576-5529, or go to the LSNJ website, where you can download it for free at: http://www.lsnj.org/english/crime/municipalcourt/clearingyourrec ord.cfm.

#### Central Jersey Legal Services

Union County Office 60 Prince Street Elizabeth, NJ 07208 (908) 354-4340

## D. Checking and Correcting Your Credit Record

While New Jersey allows employers to look at your criminal record, many employers - and others like landlords and mortgage companies - will use a credit report instead of or in addition to the state's records. Credit records are maintained by private companies and generally have information about your debts, your history of paying bills and other financial matters, but may also have information about your criminal record. The information may not be correct, and the law does offer you some protections. For example, if an employer uses a credit record to deny you a job, they have to tell you this, and give you the name, address and phone number of the agency that provided the report, and the agency must give you a copy of that information on your request. They cannot charge you money for that request if the employer used the report to deny you a job. If the records of the credit agency contain incorrect information, they must investigate and correct inaccurate information.

You can get ahead of the curve by getting a copy of your credit record and making sure there isn't any incorrect information on

it. New Jersey residents are allowed one free credit report each year. Three companies that provide this service are:

#### Equifax Information Systems, LLC:

P.O. Box 740241, Atlanta, GA, 30374, or call 800-685-1111.

#### **Transunion Personal Credit Report:**

PO Box 1000, Chester PA 19022 Call 800-888-4213.

#### Experian:

PO Box 2002, Allen, TX 75013 Call 800-397-3742.

**FYI:** By mail, be sure to include your full name, current address, Social Security number, and most recent former address for file-matching purposes.

## E. Voting Rights

New Jersey law does not allow you to vote while you are in prison, or while you are on probation or parole for an indictable offense (disorderly persons offenses don't disqualify you). Once you have completed your parole or probation term, you may register to vote. Make sure that you are registered in the county in which you reside. Applications for registration can be obtained from Social Services prior to release. Also you may apply with the Division of Elections, the Commissioners of Registration office in the County where you live or from your Municipal Clerk once you are released. Registration forms are also available in various State agencies and at Division of Motor Vehicle offices and can be obtained while transacting agency business. If you are not sure, you can visit http://www.state.nj.us/lps/elections/vote doe.html. You will be able to download a voter's registration form and mail it in. This site also explains who can register to vote and where you can register.

## F. Registration of Sexual Offenders (Megan's Law)

Sex offenders are required to register with the police under Megan's Law. <u>Offenses include: aggravated sexual assault;</u> sexual assault; aggravated criminal sexual contact; endangering the welfare of a child by engaging in sexual conduct which would impair or debauch the morals of the child; luring or enticing and, if the victim were a minor and the offender not a parent, kidnapping; criminal restraint and false imprisonment and promoting prostitution of a child under 18. You will be registered prior to release, but must re-register your home address at least 10 days prior to any move with the law enforcement agency with which you were registered when released. You will also need to verify your address annually or every 90 days if you are a repetitive and compulsive offender.

## The Game Plan

Your first weeks out after leaving prison can be overwhelming. This section is set up to help you get organized and keep yourself on track toward your goals. First, think about what those goals are. What do you want or need to get done in your first week out? In your first month out? Where do you want to be in six months? There are lots of things that other people need you to do – your parole officer, for example, and your family – but you also need to think about what you expect from yourself.

Here are pages to use to plan your first days out of prison. There are some questions to ask yourself about what you plan to do. It's best to write things down and plan ahead. **\*\*\*You should also refer to your discharge plan created by your social worker that outlines your needs.** Have a wonderful and successful reentry!

#### DO I have my Basic Needs?

Shelter:		
Food:		
Health Care:		
Clothing:		
Transportation:		
DO I have support?		
Family:		
Friends:		
IDENTIFICATION Checklist		
Documents	Have	Need
Social Security Card		
Birth Certificate		
County Identification		
Driver's License		
Non-driver's Identification		
Certificate of Naturalization		
Green Card		
Military Discharge Papers Passport		
High School or General		
Education Diploma		
Prison Release Papers		

#### Other things I need to do (job leads, appointments, prescriptions, etc.):

Notes: \_\_\_\_\_

## Important Names and Phones Numbers (Parole, Mentor, Emergency Contact)

Name:
Phone Number:
Name:
Name: Phone Number:
Name:
Phone Number:
········
Name:
Phone Number:
Name <sup>.</sup>
Name: Phone Number:
Name:
Phone Number:
Nomo
Name:
Phone Number:

## **Smart Book Topics**

- Getting Started: Identification & Other Documents
  - First Steps after Release: Where Do I Go to Find ...?
  - Taking Care of Yourself: Getting Support
    - Taking Care of Yourself: Health Care Resources
      - Finding a Job: Employment Assistance and Training Programs
      - **Reconnecting With Family**
      - **Getting More Education**
      - Other Things You Need to Know
      - The Game Plan